



Decolonizing Dreams: A BIPOC Celebration of ADA 30

Speakers

Imposter Syndrome & Internalized Behaviors

Reyma McDeid (Moderator), Executive Director of Central Iowa Center for Independent Living
Neal Carter, Founder and Principal of Nu View Consulting
Lydia X. Z. Brown, Organizer, Attorney, and Writer on Disability, Race, and Queerness
Sneha Dave, Founder of the Health Advocacy Summit
Allisa Fernandez, President and Founder of Peer Mental Health Alliance

Black Hair, Brown Bodies

Day Al-Mohamed (Moderator), Disability Rights Activist
Washieka Torres, Disability Rights Scholar, Activist, and Documentarian
Maria Pereira, Data Analysis Consultant and Disability Rights Activist
Christine Liao, Programs Manager at the American Association of People with Disabilities

Working While Healing From Trauma

Dior Vargas, Mental Health Activist
Azza Altiraifi, Research and Advocacy Manager at CAP's Disability Justice Initiative
Justice Shorter (Moderator)

The State of BIPOC In America | Roundtable Discussion

Keri Gray (Moderator), the National Alliance of Multicultural Disabled Advocates
Justice Shorter, the National Alliance of Multicultural Disabled Advocates
Mia Ives Rublee, Disability Rights Activist
Vanessa Cuellar, Disability Rights Activist
Annette Yazzie, Advocate, Native American Disability Law Center



Schedule

Imposter Syndrome and Internalized Behaviors **July 24, 2020 at 1pm EST**

We deserve to be here. We deserve to take up space. Whether at work, at school, or in our communities, we're worthy of belonging. So, why do so many of us feel we are undeserving of opportunities?

Imposter Syndrome is the experience of believing you are inadequate despite your success. Those who experience it may diminish or deny their achievements. For disabled BIPOC, navigating a world steeped in white supremacy and ableism exacerbates the likelihood of imposter syndrome coinciding with, or evolving into, depression. Attendees will leave this panel with an understanding of how to recognize the internalizing behaviors that can accompany imposter syndrome, as well as ample resources on how to contend with it.

Black Hair and Brown Bodies: Social Survival in the Workplace **July 24, 2020 at 3pm EST**

As a BIPOC, you may be one of the few people who looks like you in the workplace. Add on your lived experience as a disabled person, and it becomes even more likely that you're the "only one." How do we truly gain economic empowerment in the face of racial discrimination and ableism? What sort of support can we offer to each other in order to not merely survive in a workplace, but also to transform it to be inclusive of all of our identities? Panelists will share personal insights on making workplaces accessible to BIPOC with disabilities, from navigating the initial interview process all the way to advocating for a promotion.

Names and Frames Part 1 **July 24, 2020 at 6pm EST**

The NAMD Advocates intend to create a space honoring our ancestors' contributions, and our history as disabled Black Indigenous People of Color. So much of this history is unknown or has not been acknowledged. To address this void, we have collectively built a space to celebrate, commemorate, and grieve our ancestors and the achievements of their work, sacrifices, and lives. So many disabled folks deserve to be remembered and memorialized. Members of our planning team have developed a form to provide names and share stories; the link [is here](#). Paying homage to our ancestors is crucial as it will allow us to recognize their bravery, learn of their strength,



and grieve together as a community. By sharing and uplifting our history, we can reduce erasure, and build a stronger movement and community. Please join us on twitter through hashtags #ADA30inColor #ADA30, in amplifying their names.

Working while Healing from Trauma
July 25, 2020 at 1pm EST

Every news headline highlights yet another story of your community being terrorized by the state. At home you grieve openly, reeling with the memories of past trauma that the moment invokes. It feels as if the world should stop, but it doesn't. You still have to work. How do we navigate working while healing from, and often re-experiencing, trauma?

Panelists will discuss the unique challenges faced by BIPOC when it comes to work and trauma, as well as strategies for centering our healing.

The State of BIPOC with Disabilities in America: Roundtable Discussion
July 25, 2020 at 3pm EST

This roundtable discussion is an opportunity to explore and define the social, political, and economic priorities of BIPOC with disabilities in the United States. We will use this space to lay the groundwork for a robust agenda of shared priorities that can guide us as we work towards our liberation.

Names and Frames Part 2
July 25, 2020 at 6pm EST

The NAMO Advocates intend to create a space honoring our ancestors' contributions, and our history as disabled Black Indigenous People of Color. So much of this history is unknown or has not been acknowledged. To address this void, we have collectively built a space to celebrate, commemorate, and grieve our ancestors and the achievements of their work, sacrifices, and lives. So many disabled folks deserve to be remembered and memorialized. Members of our planning team have developed a form to provide names and share stories; the link [is here](#). Paying homage to our ancestors is crucial as it will allow us to recognize their bravery, learn of their strength, and grieve together as a community. By sharing and uplifting our history, we can reduce erasure, and build a stronger movement and community. Please join us on twitter through hashtags #ADA30inColor #ADA30, in amplifying their names.



Virtual Exhibition: Black Disabled Lives Matter
July 26, 2020 at 9pm EST

The NAMO Advocates are proud to partner with Jen White Johnson to host a virtual exhibition to honor Black disabled people, and those that have lost their lives to state violence. Join us on Instagram live to participate. Go to Jen's Instagram page (<https://www.instagram.com/jtknoxroxs/>) at 9pm EST on July 26 and click on her profile picture to join. You do not have to have an Instagram account to participate. #BlackLivesMatter and #BlackDisabledLivesMatter.